



Greetings
From

PANHellenic!

ΔΖ · ΦΜ · ΖΤΑ

ΑΧΩ · ΧΩ · ΔΓ

University
of Houston
Recruitment
2026





Welcome to Panhellenic!

We are the Houston Panhellenic Council here at the University of Houston. We are the governing body of 6 National Panhellenic Conference Sororities (NPC). When women accept a bid to any one of our chapters, they contribute to an incredible community and build lifelong relationships, no matter where they find their home!



A Message From the President & VP of Recruitment



Dear PNM,

On behalf of the Houston Panhellenic Council, I am so excited to welcome you to recruitment!

As you begin this journey, remember that recruitment is not about saying the perfect thing or becoming the person you think a chapter wants. It is about finding a community that values you for exactly who you are. Keep an open mind, trust yourself, and focus on the places where you feel comfortable being completely you.

No matter where your journey leads, know that you are worthy of a sisterhood that celebrates, supports, and encourages you to become the best version of yourself. We are honored to be part of this next chapter with you and cannot wait to see where it takes you.

Love,
Kayler Burnett
President

Dear PNM,

I'm so honored to be apart of such a transitional period of your college experience.

Recruitment can feel exciting, overwhelming, and maybe even a little scary at times. My biggest piece of advice is to trust yourself. Most importantly, remember that you are choosing a home just as much as a chapter is choosing you. Look for the women who make you feel like you can be completely yourself the ones who celebrate your accomplishments, support your goals, and make you excited for the person you are becoming.

No matter where this journey takes you, I hope you walk away knowing that you belong, you are valued, and you have so much to offer. Take a deep breath, enjoy the little moments, and trust that everything will fall into place exactly as it should.

Love,
Saylor Cutting
VP of Recruitment



Houston Panhellenic Council 2026 Executive Board



**President
Kayler Burnett**



**VP of Recruitment
Saylor Cutting**



**VP of Finance
Hailey Tolley**



**VP of Administration
Nisa Rodriguez**



**VP of Development
Bailey Sutton**



**VP of Standards
Samantha Winstead**



**VP of Equity & Inclusion
Emma Ikuru**



**Asst. VP of Recruitment
Kynlee Landrum**

Center for Fraternity & Sorority Life Office Staff



**Director
Cassandra Joseph**



**Assistant Director
HPC Advisor
Dalon Coleman**



**Fraternity/Sorority Housing
Coordinator
Naby Exceus**



**Administrative
Coordinator
Lauren Reed**



**Graduate Assistant
Kylen Morton**

UNIVERSITY OF HOUSTON GREEK COUNCILS

Houston Panhellenic Council (HPC)

Panhellenic is the governing body for 6 of the 26 national/international sororities that belong to the National Panhellenic Conference (NPC). Panhellenic sponsors coordinate Primary Recruitment each fall semester. Our mission as an organization is guided by our Panhellenic creed, as well as our four purposes: we are leaders, we are students, we are philanthropists, and we are sisters.

Interfraternity Council (IFC)

The Interfraternity Council at the University of Houston is a self-governing organization of 9 North-American Interfraternity Conference (NIC) and historically-NIC fraternities that promote chapter collaboration and unified fraternal action. With some of the most prestigious national organizations in the University of Houston Greek community, IFC strives to build a stronger community by providing leadership, educational, and intramural opportunities for all of its chapter members.

Multicultural Greek Council (MGC)

Founded on the University of Houston campus in 2003, MGC governs 10 culturally-oriented and faith-based fraternities and sororities. MGC sponsors community service projects and leadership development for its member organizations, in addition to creating policies that govern each of the participating chapters.

National Pan-Hellenic Council (NPHC)

The National Pan-Hellenic Council is the governing body for the “Divine Nine” historically African-American fraternities and sororities. NPHC aims to unify the eight member organizations represented on the UH campus through an emphasis on community service, academics, leadership development, and collaboration.



PANHELLENIC CREED

We, as Undergraduate Members of women's fraternities, stand for good scholarship, for guarding of good health, for maintenance of fine standards, and for serving, to the best of our ability, our college community. Cooperation for furthering fraternity life, in harmony with its best possibilities, is the ideal that shall guide our fraternity activities.

We, as Fraternity Women, stand for service through the development of character, inspired by the close contact and deep friendship of individual fraternity and Panhellenic life. The opportunity for wide and wise human service, through mutual respect and helpfulness, is the tenet by which we strive to live.

PANHELLENIC VALUES

Inclusivity & Belonging

Leadership & Growth

Scholarship & Achievement

Service & Sisterhood



How to Register

Register with Campus Director!

To register to participate in Panhellenic Recruitment, please register via the Campus Director link located on our website (uhpanhellenic.com) or in the bio of our Instagram (@uhpanhellenic). You can also find a QR code that will bring you straight to the application on the last page.

IMPORTANT NOTE: There is a \$80 application fee that must be paid to apply. If you need any assistance, please reach out to hpc.recruitment.uh@gmail.com.

PNM Video: Although not a requirement, it is highly encouraged that every PNM submit one. This video is not to give any PNM an advantage, but to allow the chapters to “meet you” before recruitment. We don’t want this video to discourage you from signing up, so we are allowing PNMs to upload their video after they submit their application! All you have to do is log into your Campus Director account and edit your application.

Please answer the following questions in your video.

1. Hometown
2. What high school are you graduating from? / What college are you transferring from?
3. What is your major and or plans as a collegian?
4. What is something you’re passionate about?
5. What is a fun fact about yourself?
6. Why did you decide to go through the formal recruitment process?
7. Anything else you want panhellenic collegians to know about you!

Applications are open May 1st–September 13th!

2026 Recruitment Schedule

5/01 - Applications open

**If the event is
highlighted, it is
MANDATORY!**

8/24 - First day of class!

8/25 - Cat's Back @ 3PM - 5PM, Student Center - Upstairs

8/26 - Cat's Back @ 12PM - 2PM, Student Center - Upstairs

9/02 - Greek Life: Find your Letters @ 5PM - 7PM, Ballroom

9/08 - Letters day Out @ 12PM - 2PM, Lynn Eusan Park

9/09 - Open House @ 5PM - 7PM, Bayou Oaks

9/13 - Applications Close @ 11:59PM

9/14 - Orientation #1 @ 5PM - 7PM, Student Center - Theatre*

9/18 - Orientation #2 @ 5:30PM - 7:30PM, SC - MidTown Room*

9/20 - Orientation #3 @ 5PM - 7PM, Zoom*

9/24 - Sisterhood Round Day 1 @ SC Houston Room

9/25 - Sisterhood Round Day 2 @ SC Houston Room

9/26 - Philanthropy Round @ SC Houston Room

9/27 - Preference Round @ SC Houston Room

9/28 - Bid Day!!!

***Only one of the three orientations must be attended**

ORIENTATION

Orientation is the most casual event of the recruitment process, as you will not be meeting any chapters or chapter members. We encourage women to wear whatever they feel most comfortable and confident in. Each PNM is **REQUIRED** to attend one of the three orientations.

PNMs should leave knowing...

- How recruitment works
- Basic information about all 6 chapters
- Specific financial information on all 6 chapters
- Expectations and commitments during recruitment
- Panhellenic resources for support

What to bring

- Something to take notes on. There will be a lot of important information that you don't want to miss!
- Class schedule! You will be asked to fill out a form that will account for any conflicts throughout the process
- Questions! This is one of your last chances to get your questions answered!

The three dates that are being offered for orientation are **9/14, 9/18, & 9/20**. The first two will be in person at the Student Center South Theatre and Mid Town Room, respectively, and the last one will be online via Zoom. We highly encourage you to attend one of the in-person sessions. If you are unable to make any of these, please notify **hpc.recruitment.uh@gmail.com** at your earliest convenience following the submission of your application. **You will NOT be able to go through the recruitment process if you do not attend orientation.**

SISTERHOOD

During the primary recruitment process, sisterhood round is of the more casual. **HPC will provide all registered Potential New Members with a shirt to wear during Sisterhood Days 1 & 2.**

Women are encouraged to pair the shirt with bottoms and accessories that make them feel most comfortable and confident in.

PNMs should leave knowing...

- What sisterhood looks like for each chapter
- Typical weekly commitments that each chapter expects
- How the chapter balances academics with sorority expectations
- Discover your values and chapter values

What to bring

- Something to take notes on. HPC will provide you with a printed lookbook that will have a small notes section
- A pen to write with
- Water. There will be a lot of talking!
- Something to do while you're waiting between parties
- Touch-up items

The sisterhood round will take place **9/24 & 9/25**. Times will be released later this semester. You will meet with all 6 chapters for 25 minutes each.

This is the PNM t-shirt you will receive upon checking in on the first day of recruitment.



PHILANTHROPY

Philanthropy round is more formal than sisterhood round but not as formal as preference round. Often we encourage women to wear sundresses, business casual, or rompers; however, it is most important to wear what you feel **elevated**, **comfortable**, and **confident** in.

PNMs should leave knowing...

- What philanthropic cause each chapter supports
- What the chapter and members do to get involved
- Do any chapters align with your passions or interests? It's ok if you don't have a personal connection!
- The bigger purpose of being in a sorority

What to bring

- Something to take notes on. HPC will provide you with a printed lookbook that will have a small notes section
- A pen to write with
- Water. There will be a lot of talking!
- Something to do while you're waiting between parties
- Touch-up items

The philanthropy round will take place **9/26**. Times will be released later this semester.

You will be invited back to a **maximum** of 4 chapters for 35 minutes each.



PREFERENCE

Preference round is the most formal and intimate. Women are encouraged to dress in formal attire that allows them to feel elegant, comfortable, and confident. PNMs will visit a **maximum** of 2 chapters for 50 minutes. Preference round will be on **9/27** and times will be released this semester!

PNMs should leave knowing...

- What defining values does the chapter uphold
- How does the chapter make you feel, and can you see yourself being supported
- How members feel about their chapter
- Are the members of the chapter women whom you look up to?
- Is this chapter somewhere you want to spend your college years

What to bring

- Something to take notes on. HPC will provide you with a printed lookbook that will have a small notes section
- A pen to write with
- Water. There will be a lot of talking!
- Something to do while you're waiting between parties **(phones will not be allowed!)**
- Touch-up items



BID DAY

Bid Day is the most exciting! Women are encouraged to wear neutral, comfortable clothing and shoes. Everybody will meet at Bayou Oaks on 9/28, where you will receive your bid card. After opening bids, you will receive a shirt to change into from your chapter and you will run home to your chapter townhome where they have planned a celebration for you!



If you have any questions throughout the recruitment process, have conflicts with any dates or times, or want clarification on anything, please contact hpc.recruitment.uh@gmail.com

Food will not be provided during any of the rounds. Please come prepared, snacks and beverages are permitted and if your party schedule allows you are able to get food at the Student Center during breaks. Your \$80 application fee covers your PNM t-shirt, name tag, recruitment look book and more.

MUTUAL SELECTION STATEMENT

Primary Recruitment follows a mutual selection process.

After each round (Sisterhood, Philanthropy, & Preference), you will rank the chapters you visited. Take detailed notes about your feelings and conversations to help decide which chapters best fit your values and interests.

You'll receive a schedule of chapters to attend the next day from your recruitment counselors. You must attend every party on your schedule unless extenuating circumstances arise.

Sororities also limit the number of women they invite back, so you might not be selected for the next round. This doesn't mean the chapter didn't enjoy meeting you. Keep an open mind, as you may find your home in an unexpected chapter.

After the Preference round, you'll rank up to your top two sororities. Your preferences will then be compared with the sororities' preferences.

VALUES-BASED RECRUITMENT

We operate under the ideology of values-based recruitment in our Panhellenic community. We encourage conversations between members and potential new members to focus on organizational values, benefits, and the obligations of sorority membership.

The primary recruitment process consists of three structured rounds designed to show you what each sorority has to offer. You will have the chance to meet current sorority women in each chapter, so take the time to get to know them and ask questions about activities, financial obligations, scholarships, and campus life.

Potential new members and chapter members should get to know each other well enough to take the first step toward an important life choice. We encourage you to consider which chapters have values that align with your own and what values you hope to strengthen during your time in college as you move through the recruitment process.

MRABA

Please carefully read and understand the following points before you sign your Membership Recruitment Acceptance Binding Agreement (MRABA)

You have the following options when considering your agreement:

1. You may choose to not complete the agreement at this time.
 2. You may choose to list and rank the women's fraternity/sorority whose preference events you attended and from which you are willing to accept an invitation to membership (a bid).
 3. You may choose to limit your choices to just one or list any women's fraternity/sorority whose preference round you attended and from which you are willing to accept an invitation to membership (a bid). Please understand that by not listing the maximum number of events you attended, you may be limiting your potential to join any other NPC organization should you not be placed with your choice.
- When you sign this agreement you are agreeing to accept an invitation to membership from any NPC fraternity/sorority that you have listed before.
 - Once the acceptance agreement has been turned in to the representative of the NPC, it cannot be altered or changed at any point.
 - If you receive an invitation to membership (a bid) from any NPC organization that you listed and you decided not to accept it, you will be ineligible to be pledged by any other NPC fraternity/sorority on campus until the beginning of the next primary recruitment period.
 - If you do not receive an invitation to membership (a bid) from any NPC organization that you have listed, you will be eligible for continuous open bidding if/when space allows. You must understand that not all NPC organizations will have available spaces for new members for the academic year.

PNM BILL OF RIGHTS

- **The right to be treated as an individual.**
- **The right to be fully informed about the recruitment process.**
- **The right to ask questions and receive true and objective answers from recruitment counselors and members.**
- **The right to be treated as a capable and mature person without being patronized.**
- **The right to ask how and why and receive straight answers.**
- **The right to have and express opinions to the recruitment counselors.**
- **The right to have inviolable confidentiality when sharing information with recruitment counselors.**
- **The right to make informed choices without undue pressure from others.**
- **The right to be fully informed about the binding agreements implicit in the preference card signing.**
- **The right to make one's own choice and decision and accept full responsibility for the results of that decision.**
- **The right to have a positive, safe, and enriching recruitment and new member period.**
- **The right to not be persuaded by a sorority member to resign her bid to any sorority during her new member period.**

PNM CODE OF ETHICS

- **A potential new member (PNM) shall attend recruitment orientation and all membership recruitment events for which she receives invitations.**
- **Respect for the membership recruitment process is expected at all times. This includes respect toward chapter members, recruitment counselors, Panhellenic officers, faculty and staff, chapter members and other potential new members. PNMs should refrain from sexist, homophobic, racist or otherwise abhorrent conversations.**
- **I understand my rights under the PNM Bill of Rights and if I experience discrimination I know how to report it to the College Panhellenic Vice President of Recruitment.**
- **Potential new members as well as sorority members must do their best to not touch or shake hands in any way. This helps prevent the spread of illness.**
- **Membership recruitment is a substance-free process. Women may not use or be under the influence of drugs or alcohol during recruitment events.**
- **Potential new members should be fully aware of the financial obligations of membership before accepting a bid. It is to the PNM's advantage to ask questions during recruitment events if there are questions about finances.**
- **Potential new members agree to treat the chapter videos and recruitment parties as confidential.**
- **Potential new members will not share any video of recruitment events, including a video in its entirety, or recordings, clips, screen shots, and/or quotes from video or recruitment events. Potential new members understand that any breach of this agreement could result in disciplinary action.**
- **Potential new members understand that if they sign a Membership Recruitment Acceptance Binding Agreement (MRABA) after preference round, they are bound to that document and the chapter that extends them a bid. This means that the PNM is ineligible for an invitation to membership from another NPC organization until the next primary recruitment on that campus.**

What is a Rho Gamma?

Rho Gammas are Panhellenic women who temporarily step away from their own chapters during Primary Recruitment to serve as an unbiased support system for you throughout the entire recruitment process. Their role is to help you feel informed, comfortable, and confident as you navigate each round.



When you register for Primary Recruitment, you will automatically be placed into a Rho Gamma group with three Rho Gammas who will be there to support you throughout your recruitment experience!

Think of your Rho Gammas as your Panhellenic besties and campus resources. You can reach out to them anytime—not just during recruitment! Have a question about recruitment? Ask them! Not sure where a building is on campus? They can help! Need advice about getting involved, adjusting to college life, or just want someone to grab coffee or hang out with? They're there for that too!

Your relationship with your Rho Gammas doesn't have to end when recruitment does. They are a resource and a friendly face you can continue to reach out to throughout your time at UH.

Your Rho Gamma is here to:

- **Answer your questions about the recruitment process, schedule, rounds, and expectations.**
- **Help you navigate recruitment and understand what to expect each day.**
- **Provide an unbiased perspective when you need someone to talk through your thoughts and feelings with.**
- **Support you through the highs and lows of recruitment. It is completely normal to feel excited, nervous, confused, or even disappointed at different points in the process.**
- **Help you stay organized and make sure you know where you need to be and when.**
- **Be a listening ear when you need someone who understands what you're going through.**

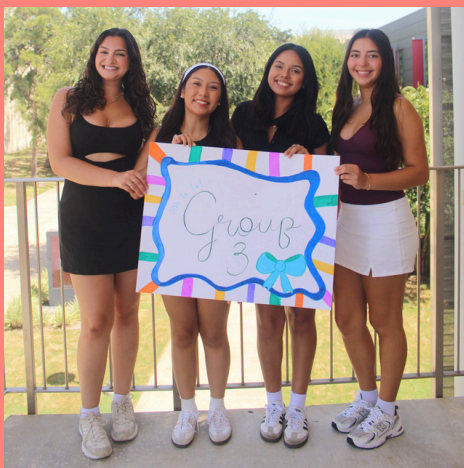
Meet the Rho Gammas!



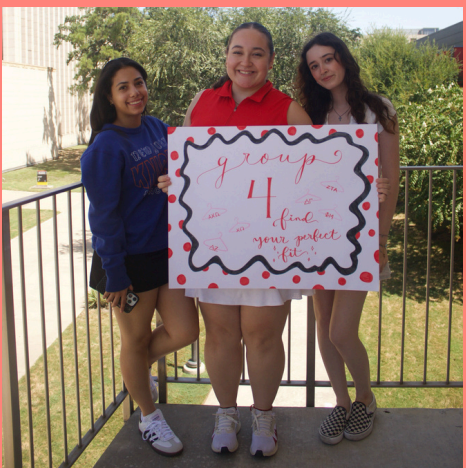
Val Estevez, Layla Helmer, and Azaleah Dueñez



Carolina Vega, Sophia Gabat, and Nanaki Matharu



Cicci Maldonado, Jasmine Cavasos, and Emily Tamez



Bella Rigdon, Natalia Garza, and Katelynn Perez



Sophia Robles, Francesca Celement, and Natalie Flores



Mariah Castillo, Brit Dinh, and Simran Jain

Meet the Rho Gammas!



**Germanie Tennard, Paige Hixon,
and Ahona Ray**



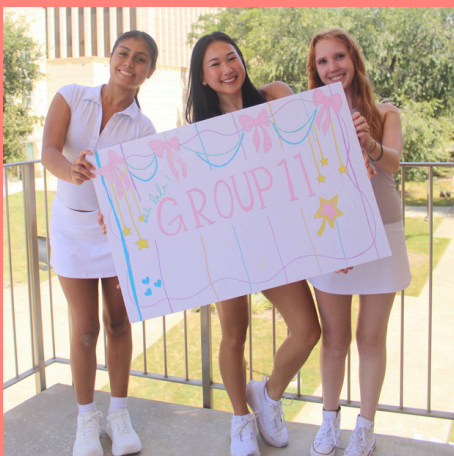
**Destiny Clarke, Emma Blackburn,
and Anna Conaster**



**Camilla Cox, Jenna Jenkins,
and Madelynn Kelley**



**Nicole Cantu, Michelle De Leon,
and Sophia Tupper**



**Jessica Ostorga, Kelsey Williamson,
and Alycia Le**

GROUP 12

**Malak Fahmy, Gabreille Epps,
and Chrissy Teelucksingh**

FINANCIAL TRANSPARENCY

As a member of a Panhellenic organization, you will be required to pay dues. These dues, which are local and national, help Greek organizations run the way that they do.

As a council, we strive in educating all potential new members in the financial requirements and commitments of each chapter at the University of Houston.

FAQs

How much are dues?

During your new member semester, dues will range from \$900-\$1300, depending on the organization. Once you become an initiated/active member, your dues may decrease, ranging from \$500-\$980.

Do I have to pay the total amount at one time?

Many of our chapters allow new and active members to separate dues into multiple payments. Each chapter has a finance officer to help you if needed, but it is important to ask those questions prior to accepting a bid.



What do my dues pay for?

National dues contribute to organization support programs, historical preservation, and much more. Local or chapter dues help your chapter host programming & social events, provide supplies for the chapter hours, t-shirts and more! Please be aware that although your chapter dues cover a lot of different costs, there may be additional costs that arise every now and then!

Chapter Dues

***Please note that these chapters may see changes to these numbers.**

CHAPTER	NEW MEMBER DUES/SEMESTER	INITIATED MEMBER DUES/SEMESTER
Alpha Chi Omega	\$1,114	\$850
Chi Omega	\$1,100	\$900 \$875, if you live in the house
Delta Gamma	\$1,150	\$787 \$586, if you live in the house
Delta Zeta	\$967	\$800
Phi Mu	\$948.75	\$437
Zeta Tau Alpha	\$1,299	\$999 \$793, if you live in the house

Academic *Transparency*

While there is NO GPA requirement to participate in Panhellenic Recruitment, many chapters have a minimum GPA that is set by their national organizations. This means that GPA can still be a limiting factor in the recruitment process.

Sorority members are encouraged and expected to maintain an academic standard that is in agreement with their chapter's academic policies. You must maintain this GPA to remain in good standing within the chapter.

Below is a general guideline that a PNM may use to help understand how their academic standing may influence their recruitment process.



Your GPA is not likely to effect the chapters you get back.



Your GPA is somewhat likely to effect the chapters you get back.



Your GPA is most likely to effect the chapters you get back.

Chapter specific GPA requirements can be found on the chapter pages!

Life as a *New Member*

As a new member, there are certain expectations and requirements that all women must meet. Provisional membership timelines vary between each chapter and will be a time of learning, growth, and sisterhood.

During this time, you will learn the history, present, and future of the sorority, the expectations of active membership, and the responsibilities of a Panhellenic woman.

You will get the first glimpses into a lifetime of friendship and sisterhood. It is important to absorb everything in all of your experiences!

New Member Meetings:

New members will be required to attend weekly meetings. During these meetings, the sorority's new member educator will offer guidance and help you reflect on your decision to join a Greek organization.

Financial Obligations:

As a new member, your dues and fees will be higher than those of active members. Many chapters have a one-time national and local fee that members must pay upon gaining membership in that organization.

New Member Retreat:

During the provisional membership period, you will be able to attend a retreat that is only for your member class. This retreat will help you build a bond and grow with the women around you.

Big/Little Sister Program:

As a new member, you will be matched with an older member. This member will serve as your mentor and guide through your time in the sorority.

Initiation:

At the end of your provisional membership, you will participate in a ritual ceremony that, upon completion, will grant you lifetime membership into the organization.

Anti-Hazing Statement

The Houston Panhellenic Council strives to make every year of sorority life a great one; however, we recognize that the first year can be the most exciting and influential of them all. While the provisional membership experience may vary slightly between organizations, one thing remains the same: you are entering a new circle of friends where mutual respect is expected and essential.

Our council upholds a strict no-tolerance policy against hazing in any form. The guidelines in place set by the University and our national organizations prohibit any activity that causes emotional, mental, or physical harm, regardless of intent or willingness to participate. Here at the University of Houston, sororities do not condone or participate in any activities that can be classified as hazing. We are committed to fostering a safe, supportive environment where every member feels valued and respected.



Meet the Chapters!



Alpha Chi Omega



Nicknames: Alpha Chi & AXO

Founded On: October 15th, 1885

Colors: Scarlet red & Olive green

Philanthropy Cause: Domestic Violence Awareness

Local Philanthropy Partner: Aid to Victims of Domestic Abuse (AVDA)

Values: Academic Interest, Character, Responsibility, Leadership, and Personal Development

Minimum Enrolled Hours: 12

Minimum GPA: 3.0 for incoming freshmen, 2.5 for current college students

Estimated Weekly Hour Commitment: 3-4



“Before Alpha Chi Omega, I had never experienced friendships like these. I’ve found women who love to encourage me and celebrate all of my successes. Having sisters who love me for who I am has been one of the greatest blessings of my college experience. One of the best parts of Alpha Chi Omega is the connections I’ve made. I’ve met women who have encouraged and inspired me both personally and professionally. Knowing I have a network of sisters who are always willing to help and support me is something I’ll be grateful for long after college.”

Mia Farrow, Fall 24
Vice President of Recruitment

Chi Omega



Nicknames: Chi-O

Founded On: April 5th, 1895

Colors: Cardinal and Straw

Philanthropy Cause: Grant the wishes of children diagnosed with a critical illness

National Philanthropy Partner: Make-A-Wish Foundation

Local Philanthropy Partner: Make-A-Wish Texas Gulf Coast and Louisiana

Values: Friendship, Personal Integrity, Service to Others, Academic Excellence, Campus Involvement, Career & Personal Development

Minimum Enrolled Hours: 12

Minimum GPA: 2.75

Estimated Weekly Hour Commitment: 2-4



“Being in Chi Omega I’ve grown far more than I thought I would in college. I’ve grown as a leader, I’ve learned how to manage time, and overall I’ve learned that organizations like this can create connections and networks that will benefit you even after college! It isn’t just about the friendships you gain, it’s also about the experience you gain! If you’ve ever wanted to give back or do more for your community joining a sorority is the place to do it! In my time at Chi Omega, we’ve raised money, we’ve surpassed several donation goals, and overall we came together to help grant wishes for Make A Wish. It’s such a neat experience to create an impact and to support causes bigger than us!”

Melanie Munoz, Fall 23
Recruitment Chair

Delta Gamma



Nicknames: DeeGee, Delta G, DG

Founded On: December 25th, 1873

Colors: Bronze, Pink, & Blue

Philanthropy Cause: Service for Sight

National Philanthropy Partner: The Delta Gamma Foundation

Local Philanthropy Partner: The Lighthouse of Houston & Prevent Blindness Texas

Values: Friendship, Educational & Cultural Interest, Social Responsibility, & Character

Minimum Enrolled Hours: 12

Minimum GPA: 3.0 for incoming freshmen, 2.5 for current college students

Estimated Weekly Hour Commitment: 3

“Sisterhood is the heart of Delta Gamma, and one of the things I appreciate most is that what you see is truly what you get. The friendships here are genuine, and the women in this chapter are authentic, supportive, and unapologetically themselves. There is no pressure to fit into a certain mold because every sister brings something different and valuable to our chapter. When I look at the person I am today, I can see a piece of every single sister in me. Whether it's someone's confidence, kindness, resilience, sense of humor, or ability to lead, I have learned so much from the women around me. Each sister holds unique qualities that make our chapter stronger, and being surrounded by such incredible women has helped shape me into a better version of myself. Delta Gamma has given me friendships that go far beyond college, and I know the support and love of this sisterhood will stay with me long after graduation.

Yazlynn Lozano, Fall 24
Vice President of Membership

Delta Zeta



Nicknames: DZ, DeeZee

Founded On: October 24th, 1902

Colors: Rose & Green

Philanthropy Cause: Hearing & Speech

National Philanthropy Partners: Starkey Hearing Foundation, American Society for Deaf Children, SeriousFun Children's Network

Local Philanthropy Partner: Texas Hearing Institute

Values: Friendship, Community, Generosity, Curiosity, Empowerment, & Belonging

Minimum Enrolled Hours: Enrolled

Minimum GPA: Must be in good standing with the University of Houston

Estimated Weekly Hour Commitment: 5-7



“One of my favorite things about Delta Zeta is knowing that becoming a Dee Zee doesn't end when you graduate. Through our alumnae and the connections I've made with sisters, I've seen what it truly means to be part of a lifelong sisterhood. Whether it's receiving career advice, learning from women who have walked this path before me, or simply staying connected long after college, those relationships continue to grow. It's inspiring to see alumnae who still proudly wear their letters years later because it reminds me that Delta Zeta isn't just where I found my home in college, it's a community I'll always have. No matter where life takes me, I'll always be a Dee Zee.”

Anahi Arredondo, Fall 23
Vice President of Membership

Phi Mu



Nicknames: Phi Mu

Founded On: March 4th, 1852

Colors: Rose Pink & White

Philanthropy Cause: Children's Miracle Network Hospital

National Philanthropy Partners: Children's Miracle Network Hospital & The Phi Mu Foundation

Local Philanthropy Partner: Texas Children's

Values: Love, Honor, & Truth

Minimum Enrolled Hours: 12

Minimum GPA: 2.75

Estimated Weekly Hour Commitment: 3-5

“Scholarship is one of the core values that we, as a community, prioritize because we believe you are a student first. Joining Greek life means becoming part of a community that wants to see you succeed, both on campus and in your everyday life. When you become a member, you are surrounded by women who encourage you to stay focused, set academic goals, and celebrate your achievements. I joined a sorority to step out of my comfort zone and try something new. Initially, I was scared of fitting in, but I have gained opportunities to build my character and confidence. The Panhellenic community's emphasis on kindness and community has allowed me to grow in more ways than I could have imagined. I also have my sisters, whom I am able to lean on, and they have provided me with support that has helped me grow not only as a person, but also as a friend.”

Lamonica Granville, Fall 24
Membership Director

Zeta Tau Alpha



Nicknames: ZTA

Founded On: October 15th, 1898

Colors: Turquoise Blue & Steel Grey

Philanthropy Cause: Breast Cancer Education & Awareness

National Philanthropy Partners: NFL, The American Cancer Society, and The Breast Cancer Research Foundation

Local Philanthropy Partner: Annual Houston Texans Game

Values: Lifelong Learning, Leadership, Responsibility, Being Rather than Seeming, Service & Philanthropy, Seeking Understanding that We Might Gain True Wisdom, Humility, Loyalty & Commitment, and Love

Minimum Enrolled Hours: 12

Minimum GPA: 2.8

Estimated Weekly Hour Commitment: 5

“When I transferred from TTU, I was excited for a new beginning, but I was also really nervous. Leaving behind the Gamma Tau Chapter that had already become my home was difficult, and I wondered if I would ever find that same sense of belonging again. Walking into Gamma Omega for the first time, I had no idea that this chapter would completely shape the rest of my college experience. The girls here welcomed me with open arms and quickly became so much more than friends—they became the people I laugh with, lean on, celebrate with, and the people I know will be by my side long after graduation. They challenged me to step outside my comfort zone, encouraged me to believe in myself, and gave me the confidence to serve as this year's Vice President Recruitment, a role that has become one of the greatest blessings of my college career. Looking back, transferring taught me that home isn't always where you expect to find it—it's where you're accepted, encouraged, and inspired to become the best version of yourself. No matter where your journey leads, I hope you embrace every opportunity with an open heart. Some of the most meaningful friendships and life-changing experiences begin with taking a chance.”

Olivia Meche, Fall 23
Vice President Recruitment

Letter to a PNM who...

Is a first-year student

Dear PNM,

“Going into recruitment as a first year student can be nerve racking, a whole new environment from K-12 where you’re taking the next step into finding your home. But it’s totally okay to be nervous! I promise you everyone around you is probably feeling the same way. Recruitment is such a fun and rewarding experience filled with so many amazing girls who are just as excited to meet you. My biggest advice I would give you is to be yourself!! Being your most authentic self and finding a house where you feel comfortable, appreciated, and welcomed is the best feeling!”

Rhaleyn A, Fall 25
Chi Omega - Social Chair

Is a commuter

Dear PNM,

“I came to UH excited to start a new chapter in my life, but nervous about starting over. Since UH is a commuter school, everyone told me I had to be a part of something to truly enjoy college. I missed the sense of sisterhood dancing gave me throughout my entire life, which led me to go through recruitment right after high school. I was nervous about finding where I belonged, but the moment I joined my sorority, I was welcomed with so much love that those fears disappeared. I’m now going into my junior year, and I still get the same excitement walking into weekly chapter meetings that I felt on my very first Bid Day as a freshman. Going through recruitment gave me a home away from home, and I hope you find that same feeling too. Good luck, and trust the process!”

Christine Babu, Fall 24
Delta Gamma - VP Finance

Is a first-generation student

Dear PNM,

“I remember feeling like I had to do everything “right.” every decision felt important because I wasn’t just navigating college for myself, I was navigating something my family had never experienced before. There were so many moments where I wished there was someone who could tell me exactly what to expect, but instead I learned that it’s okay not to have everything figured out. Something that meant so much to me was meeting other girls who were first-generation students too. I quickly realized I wasn’t the only one feeling the weight of wanting to make my family proud or worrying about letting them down. Being able to relate to girls who truly understood those feelings was so comforting, and it made me feel a lot less alone.”

Siena Chevez, Fall 24
Alpha Chi Omega - Vice President of Public Relations & Marketing

Letter to a PNM who...

Is a transfer student

Dear PNM,

When I transferred from WCJC to the University of Houston my junior year, I was excited for a new chapter but also nervous. Coming into a commuter school, it felt hard to find genuine connections, and I didn't realize how much I was missing that sense of sisterhood.

Joining Zeta Tau Alpha completely changed that for me. From the beginning, I felt welcomed, supported, and truly included. What started as meeting new people quickly turned into something deeper—a real sisterhood. These are the girls who check in on me, show up for me, and make even the smallest moments feel special.

Evelyn Flores, Spring 26
Zeta Tau Alpha - Active Member

Is a first-generation Greek

Dear PNM,

"I also was in your shoes not too long ago. I didn't have any family members who even knew what Greek life was. I stepped into recruitment completely blind, but I have to say it was the best time for me. I was so excited, but also so intimidated. It's okay to not know everything and be confused at times. Greek life is all about finding people who believe in you, support you, and encourage you to grow. The friendships I've made and experiences I have had is the best part of my college experience. I'm grateful to take a step on something unfamiliar. Remember to be yourself and trust the process. Create your own legacy!"

Carla Finley, Fall 25
Delta Zeta - Active Member

Who is also working

Dear PNM,

"I am so excited that you are considering recruitment! Balancing a job while being a college student takes dedication, responsibility, and strong time-management skills, and those are qualities to be proud of. Having a job shows your commitment to your goals and your ability to work hard. While college can be busy, many students successfully balance academics, work, and involvement on campus. A sorority can provide a supportive community that encourages you every step of the way. As you go through recruitment, be yourself and remember that your experiences and work ethic make you unique. I hope you find a chapter where you feel supported, valued, and at home.

Katelyn Jury, Fall 22
Phi Mu - Active Member

GREEK DICTIONARY

Active: a sorority member currently in college who has been formally initiated by her chapter.

Alumna: an initiated sorority member who is no longer active in a collegiate chapter.

Badge: a unique insignia of fraternity or sorority membership worn by initiated members.

Bid: a formal invitation to join a fraternity or sorority.

Bid Day: the last day of recruitment when PNMs receive bids to join chapters and become new members.

Chapter: local member group of a national organization.

Continuous Open Bidding (COB): a period where a sorority, not at campus total, is able to recruit members. The COB process is less formal and not all chapters may participate.

Houston Panhellenic Council (HPC): the governing body of the 6 National Panhellenic Conference sororities at the University of Houston.

Houston Panhellenic Executive Board: the 8 undergraduate women that lead the Houston Panhellenic Council.

Initiation: a formal ceremony that brings new members into full membership of a fraternity or sorority.

Legacy: a PNM whose parent, sibling, or grandparents is an active or alumni member of the organization.

Membership Recruitment Acceptance Binding

Agreement (MRABA): a document that each PNM completes immediately following selections after Preference round. This is the agreement that states the PNM is willing to accept a bid from any sorority she has listed.

National Panhellenic Conference (NPC): founded in 1902, NPC provides support and guidance for its 26 member inter/national sororities and serves as the national voice on contemporary issues of sorority life. NPC serves as the umbrella organization for HPC.

New Member: a student who has accepted a bid for membership. After a period of education regarding the fraternity or sorority, ranging from about 6-8 weeks, the student is initiated to become a full member.

New Member Educator/Director: a chapter member who has been elected to lead the new member education process and prepare new members for initiation.

GREEK DICTIONARY

Philanthropy: a national and/or local charity that a sorority sponsors, donating time and money through service.

Potential New Member (PNM): any woman who is eligible to participate in the primary recruitment process.

Recruitment: a designated membership recruitment period during which a series of organized events are held for the purpose of selecting new members.

Recruitment Counselor (RC): a sorority member who does not participate in primary recruitment with her chapter, but works with HPC to assist PNMs through the process.

Round: a particular day of recruitment. There are four rounds during primary recruitment: Sisterhood Round 1, Sisterhood Round 2, Philanthropy Round, and Preference Round. Events that make up the rounds are called parties

Total: the allowable chapter size as determined by NPC's Total Method Setting Team.

GREEK ALPHABET

Α

Alpha

Ζ

Zeta

Λ

Lambda

Π

Pi

Β

Beta

Η

Eta

Μ

Mu

Ρ

Rho

Γ

Gamma

Θ

Theta

Ν

Nu

Σ

Sigma

Δ

Delta

Ι

Iota

Ξ

Xi

Υ

Upsilon

Ε

Epsilon

Κ

Kappa

Ο

Omicron

Χ

Chi

Φ

Phi

Ψ

Chi

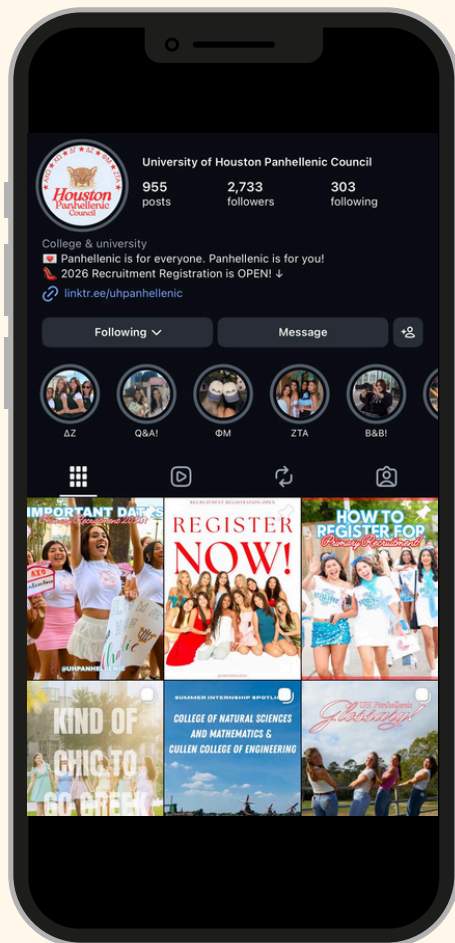
Ω

Psi

Ω

Omega

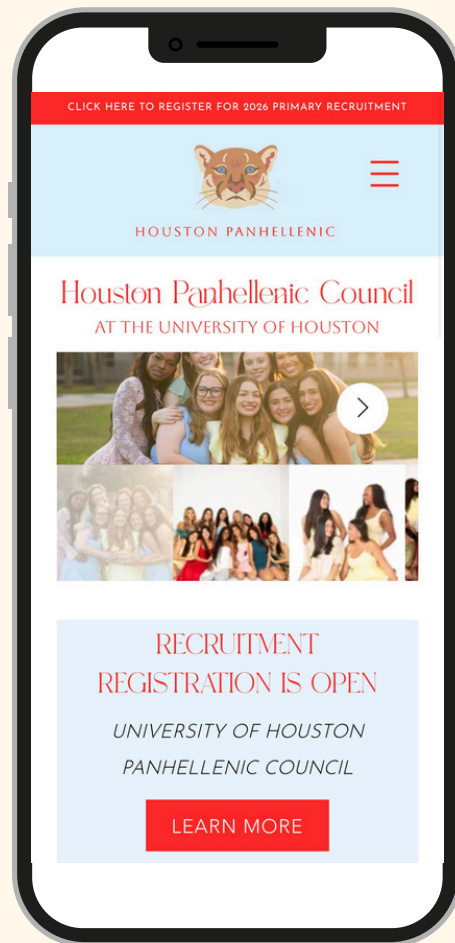
Stay Connected!



Instagram
@uhpanhellenic



Campus Director
Link to Register!



Website
www.uhpanhellenic.com



Want to hear more or still
have questions? Fill out our
interest form!